

THE NATURE OF DISC GOLF

PRESENTED BY

## A Sport that Works With Nature, Not Against It

Disc golf is unique among outdoor sports because it integrates directly into the natural landscape without requiring vast clearings, extensive earthmoving, and continuous maintenance. Disc golf courses are designed to fit into existing ecosystems with minimal disruption.





# Playing Above the Ground, Not On It

Disc golf is a sport of flight. Our "playing surface" is the air, not the ground. This means there's no need for manicured fairways, pesticides, herbicides, or intensive irrigation. The game thrives in natural settings, from woodlands to rolling meadows, leaving existing vegetation largely intact.



## **Creating Dynamic Habitats and Wildlife Corridors**

Fairways created through selective thinning serve as wildlife corridors, allowing species to move more freely while maintaining natural forest cover. These openings enhance biodiversity by supporting a wider range of plant and animal species. By carefully managing vegetation, disc golf courses help maintain a balance between recreation and ecological sustainability.



**Selective Thinning, Not Clear Cutting** 

Building a disc golf course often involves removing some trees, but the approach is always selective. Rather than clear-cutting, we thin out weaker, diseased trees and invasive species, helping to shape fairways while preserving the overall health of the forest. Disc golf thrives on obstacles, meaning our goal is to maintain forested areas, only thinning where necessary to accommodate flight lines.



# **Reusing and Repurposing Materials**

Unlike traditional construction projects that discard cleared materials, disc golf design makes use of what's already on-site. Felled trees become seating, erosion control, or bridges. Cut brush is repurposed into wood chips to control soil compaction. This closed-loop approach keeps waste to a minimum and enhances the course's aesthetic.





Copyright © 2025, Fluent Disc Sport, All Rights Reserved.



7.

## **Long-Term Land Protection and Sustainable Growth**

Many disc golf courses are built in public parks or on protected land, increasing their value as multi-use recreational spaces. By encouraging outdoor activity without requiring major alterations, disc golf keeps these spaces safe from more disruptive development while promoting conservation-friendly land use.



#### A Cost-Effective and Sustainable Recreational Option

While disc golf courses are designed to blend into the natural landscape, they do require some maintenance over time. However, even with these needs, disc golf courses are far less resource-intensive than traditional recreational facilities. By working with the natural landscape rather than reshaping it, they offer a sustainable way to encourage outdoor recreation without the need for intensive land modification.





Check our online version for references and more info.

Copyright  $\ensuremath{@}$  2025, Fluent Disc Sport, All Rights Reserved.

# **Mindful Construction Timing and Minimal Ground Impact**

Disc golf course development takes seasonal wildlife activity into account. Designers avoid major construction during nesting and migration periods, and care is taken to prevent excessive ground disturbance, preserving root systems and limiting erosion. Trails and tee areas are built with natural materials to further minimize impact.





8

### **Resilience Against Climate Extremes**

The benefits of selective thinning extend beyond course construction. Over time, thinned forests develop stronger root systems, greater resistance to extreme weather, and better resilience to drought. With less competition for resources, trees grow healthier and more adaptable. Reduced underbrush also lowers wildfire risk, making disc golf courses natural buffers against environmental threats.



10.

#### A Future Rooted in Sustainability

The sport of disc golf is growing, but it's growing responsibly. As designers and players, we have a vested interest in preserving the landscapes we play on. Whether by choosing sustainable materials, respecting natural habitats, or maintaining courses with minimal impact, disc golfers are stewards of the outdoors, ensuring these spaces thrive for generations to come.



Contact us today to discuss your tailored disc golf solution!

